



reco



Addiction Treatment Programs



Partial Hospitalization

Partial Hospitalization serves as a solution for those unable to attend a full-time treatment program at a residential facility. For those overcoming a chemical dependency, partial hospitalization offers a sense of flexibility, allowing clients to attend a rehab center part-time while maintaining employment or other responsibilities.

Similar in structure to Residential Care programs, Partial Hospitalization programs also utilize therapeutic techniques to address past behaviors while promoting positive actions and associations. This curriculum allows clients the opportunity to immerse themselves in recovery, while also supporting day-to-day obligations.

The RECO Intensive PHP Program

At the RECO Intensive PHP program, clients will learn how to balance the amount of freedom necessary to grow while also continuing to put a strong focus on their treatment therapies. This balance is the first step towards Intensive Outpatient and follows a more involved level of care known as Residential rehab. Our clients will attend numerous groups throughout the week, continue working with their individual therapist discovering underlying issues, and begin to build the foundation necessary for a successful transition into IOP.

How Partial Hospitalization Works

While participating in RECO's Partial Hospitalization programs, clients will be supervised and monitored through out their progress. They will be expected to report to scheduled appointments, and to communicate with all members of their clinical team. This lessened form of supervision provides a less intense approach to Residential Care, though also serves as a key option for those who must sustain nonnegotiable work or family schedules.

This outpatient program provides clients and their families with all of the available resources and promotes the twelve-step model of recovery. Clients will interact with others in group therapy sessions, attend meetings, and rebuild foundations for a healthy lifestyle in recovery.



Intensive Outpatient

Intensive Outpatient Programs are designed to further recovery in individuals who either do not require drug/alcohol detox or inpatient treatment, or have already completed it. Through the utilization of intensive therapies and group programs, IOPs serve to treat the lingering effects of addiction, while creating healthy boundaries and pathways for lifelong recovery.

Intended to accommodate work and family life, IOPs allow individuals to personalize their treatment plans to varying degrees. At RECO, we work directly with our clients to ensure their ability to maintain employment and familial responsibilities while also adhering to the curriculum of our program. As clients assimilate into a routine of working and attending therapies, a renewed commitment to sobriety emerges.

The RECO Intensive Outpatient Program

RECO clients will participate in our Intensive Outpatient Program 4-5 times per week, for several hours each day. Our specialized curriculum includes individual counseling, group counseling, family therapy, chemical dependency education, relapse prevention training, and an introduction to the 12-step method of recovery.

Through our experiential methodology, we strive to uncover and address past trauma while building optimal routes to recovery. For those seeking continuous, high-level care, RECO Intensive Outpatient Program is an ideal solution.

How Intensive Outpatient Works

The time that is spent in an Intensive Outpatient Program (IOP) is often a fragile period of recovery. Individuals may feel overwhelmed by the mental, emotional, and physical complexities of maintaining sobriety. IOPs aim to calm these fears, acting as a comprehensive resource and a compassionate guide. A specialized team of primary therapists, medical doctors, behavioral health technicians, and case managers work together to provide capacity for healing through individualized instruction and treatment.

Aiming to bridge the gap between active rehabilitation and independent living, IOPs are essential to those in the early stages of recovery. RECO Intensive aims to prevent relapse, to perpetuate vital healing processes, and to construct brighter futures for clients—and their families.



At RECO Intensive, our goal is to guide clients through the impactful transitions that arise within the realm of recovery.

We believe that each individual is unique. Consequently, each treatment plan and metamorphosis in recovery must be unique, too. As we work to recreate joy and to instill patience, self-awareness, and responsibility in those who are suffering from addiction, we understand and address the specific intricacies of each individual's history. Each personalized care plan will include specialized therapies suited to your background and progress in recovery. As a team, we will tailor your RECO experience to correlate with your past—and to embolden the person you will become within your newfound independence from addiction.



Therapist Assignment

All of our clients are assigned a therapist upon intake following their assessment. The assessment allows us to gauge your therapeutic needs. Based on therapeutic needs as well as personality type, we pair each client with a therapist we believe will be best suited to help them begin the hard work of digging into their history and themselves.



Residential Assignment

While the residential assignment may appear on the outside as a simple formality, it is done with community in mind. A healthy and positive community helps create healthy, positive individuals. When we place clients in housing, we do so by taking into account not only where but with whom they will be a good fit. This communal energy can be the catalyst for change when provided with purpose.



Adaptive Programming

We are not a one size fits all program. We are a “what size do you need?” program. We’re adaptive to you. Asking clients to not only adapt to newfound sobriety but a static style of treatment, we believe, sets them back. Ensuring the perfect fit for every client and every community gives our clients better chances at success in recovery and life by providing a sense of ease and allowing them to focus on their well-being.



Treatment Planning

The thread that holds the fabric of RECO together, this is where Taking into account all of the separate systems built into our personalized care, the treatment plan is mapped out. With clear direction and systems in place, our clients get a unique, tailored, and highly innovative experience only found at RECO.



Alumni Integration

Upon arrival, you will be assigned an alumni buddy. An alumni buddy is a person who has graduated from the RECO program that you can use a resource for “all things” recovery. Your alumni buddy will benefit from helping you through RECO, while you will benefit from having an experienced community member showing you the ropes.



Cultural Assimilation

RECO's cultural assimilation takes into consideration not only the individual but what this individual looks like in relation to the current time period we are living in and the overarching cultural ideologies and philosophies that are driving it. These ideologies, philosophies, and the collective consciousness guide the most fundamental questions about ourselves as human beings, as well as, the answers we find in response.

 **Bio, Psych, Social**

The purpose of a bio/psych/social is to figure out what your “sometimes” in your story are, and how they are impacting you presently. Your assigned therapist will ask questions regarding relationships both familial and romantic. They will also ask about your employment history, what you like to do for fun, and what your support system for recovery looks like. From this point, your therapist can begin to create a therapeutic plan catered to your story, your hurts, and your life today.

 **Medical, Physical & Wellness Screening**

Through regular doctor visits, tests, and check-ups, we will help you treat any current conditions and maintain overall health during your stay at RECO. We want you to have every tool available to find success in your sobriety and your life. Our medical, physical, and regular wellness screenings will ensure this part of yourself is moving in a positive direction as you begin to change the trajectory of your life.

 **Program Integration & Orientation**

From the moment you step through the doors at RECO you will become a part of the community. The aesthetics are built with you in mind and help to create an immediate sense of ease, supporting you as you begin our program. Our orientation is held once weekly and provides you with all of the information you will need to navigate here at RECO. From rules and agreements, to alumni buddies, once attending orientation you will have everything you need to move through our program with ease and conscious effort.

 **Values Assessment**

The focus of this group includes both psycho-education and experiential clinical therapy interventions related to issues of relationship, intimacy, & trust through equine-facilitated psychotherapy. In the psycho-educational portion of the group, clients are given information on relationships and dysfunction in building relationships as they relate to issues of trauma and addiction. In turn, the client learns how to address boundary issues, to calm assertiveness, and to combat stress and emphasize trust in relationships.

 **Medication Management**

While medication has a beneficial and significant part to play in addiction treatment it needs to be consistently monitored and managed. This helps us see how the medication is improving your wellbeing or becoming detrimental to it and allows us to effectively ensure that medications are doing what they are designed to do—help. Medication management is overseen by both our Medical Doctor and Psychiatrist.

 **Food Assistance Program**

The food assistance program at RECO was designed to help provide you with the essentials and is broken into three parts. An initial RECO “snack pack,” regular transportation to the local food pantry, application for food stamps with your case manager and regular trips to the local grocery store.

 **Full Team Collaboration**

While you will be assigned an individual therapist, that individual therapist will utilize a whole team of clinical professionals as support over the course of your treatment stay with us. That equates into you having the power of a whole team of experts, all with clinically diverse backgrounds, helping you find and begin your life in recovery. This full-team collab will help to ensure you receive a personalized stay with us.

 **Aftercare and Transition Planning**

Aftercare and transition plans help to prepare you for all of the roadblocks and obstacles to finding long term success in recovery. And there will be obstacles because this is life and we are living it. Once you’ve completed your treatment stay with us at RECO, the world will be waiting for you. Your aftercare plan might look like a transition out of RECO housing into a halfway house while still attending individual therapy or nightly IOP.

 **RECO Intervention Peer Support**

Weekly you will all choose a leader for your residence and someone who has earned a “reward”. Most often, this individual is someone you see doing the right things; becoming an active participant at RECO and in their recovery. Mirroring this, you all will also work together to identify and keep each other in check through interventions. This peer to peer accountability helps to keep you active and engaged during your stay with us.



Family Intervention and Case Management Services

"The path to peace begins with you."

Our RECO families are not given a guidebook on how to handle the addiction of a loved one. When addiction makes itself at home in the people close to us, it can have profound effects, as everyone deals with this new and unwelcomed part of their relationships.

At RECO, we hold close to our hearts the importance of family and your role in treatment. We believe everyone who is near and dear to the individual suffering from addiction deserves the same care, attention and forethought. That is why we have designed a program of intervention services coupled with a highly-inclusive case-management protocol built into its foundation.

Family Intervention

Active addiction in your loved one destabilizes the home environment, disrupts family life, compromises finances, and often compromises mental, emotional and physical health. It may leave you wondering what is happening to your loved one and why. You may find yourself struggling with guilt, shame, self-blame, frustration, anger, sadness, depression, anxiety and fear. It is important to remember that feelings during this time, while often negative, are normal and there are things you can do at home to not only help your loved one but also your own mental and emotional wellbeing.

With RECO's family intervention services, you will learn to set yourself on the path to peace. Along the way, you will find you inherently begin making more conscious and contemplative decisions regarding your loved one and their substance abuse.

During our family interventions, your certified interventionist will help you learn how to:

- Set and secure healthy boundaries
- Have healthy and positive communication
- Begin overcoming denial and negative emotions
- Start healing the relationship with yourself and your loved one



Case Management Services

Life for you outside of the addiction doesn't stop. There are jobs, other members of your family, your home, and your goals out there happening. When someone we care about is hurting, getting them help often becomes our sole focus. This caring puts other things in our lives on the back burner.

Some of the benefits of case management include:

- Keeping your loved one engaged and motivated during treatment
- Learning about addiction and its effects on the family as well as understanding how treatment unfolds and what to expect when it's complete
- Offering a loved one a high level of appropriate support during and after treatment
- Easing feelings of fear, anger, stress and confusion related to the addiction
- The chance for family members to develop skills and strategies to help a loved one stay on the path to recovery
- Improvements in family communication skills
- The opportunity to address any mental health issues within the family system, such as depression or anxiety, which can hamper family communication and contribute to relapse





Joint Commission International

QUALITY APPROVAL AND ACCREDITATION

Earning the coveted Gold Seal of Approval is a distinctive honor for any treatment program or medical facility. The Joint Commission recognizes extremely high standards in care, and has recognized RECO as a leader in the treatment industry.



Florida Department of Children & Family Services

FULLY LICENSED

Through placing an important emphasis on client-family relationships, RECO is recognized and licensed by the Florida Department of Children and Family Services. As addiction directly affects families in South Florida and beyond, RECO works with Florida DCF to ensure all sufferers' and family members' needs are being met throughout the treatment process.



Better Business Bureau

ACCREDITED BUSINESS

In its 100-year history, the Better Business Bureau (BBB) has assisted millions of consumers through its meticulous, comprehensive vetting of American businesses. The BBB has honored RECO with approval and accreditation, cementing RECO's status as an ethical, compliant, and trustworthy organization.



NATIONAL ASSOCIATION
OF
ADDICTION TREATMENT PROVIDERS

NAATP: National Association of Addiction Treatment Providers

MEMBER

The National Association of Addiction Treatment Providers (NAATP) represents the top facilities in addiction treatment. Aiming to consistently improve advocacy and quality of care, the NAATP acts as a representative of change in Congress, the insurance industry, and the addiction field itself.



NAADAC: The Association for Addiction Professionals

MEMBER

The Association for Addiction Professionals (NAADAC) provides empowerment and resources to all addiction specialists. NAADAC requires all members to uphold a strict Code of Ethics and Standards, and honors RECO and its contribution to the treatment field with the benefits of membership.



LegitScript

CERTIFIED PROVIDER

LegitScript's Addiction Treatment Certification ensures that providers of drug and alcohol addiction treatment services, including in-patient addiction treatment, mutual support groups, and crisis hotlines, are in compliance with applicable laws and regulations.

SAMHSA: Substance Abuse and Mental Health Services Administration



MEMBER

A branch of the US Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration (SAMHSA) develops resources for the prevention, treatment, and long-term rehabilitation of addiction, in addition to collecting data and analytics. This accreditation solidifies RECO as a nationally recognized leader in intensive outpatient care.



NCCA: National Commission for Certifying Agencies

MEMBER

The National Commission for Certifying Agencies (NCCA) recognizes RECO as a qualified member. NCCA ensures the health and safety of the public while offering accreditation to those programs that demonstrate compliance with all industry-regulated standards.



NARR: National Alliance for Recovery Residences

CERTIFIED AFFILIATE

The National Alliance for Recovery Residences acts as a certified support system for recovery residences nationwide. As they work to promote industry standards and to provide resources to those suffering from addiction, they recognize RECO as an exemplary affiliate.



FARR: Florida Association of Recovery Residences

CERTIFIED RESIDENCE

The Florida Association of Recovery Residences (FARR) ensures that recovery residences are well maintained and compliant with the NARR standards and the FARR Code of Ethics. Promoting the importance of excellence in treatment standards, FARR has certified all of RECO's residences.



South County Recovery Residence Association

MEMBER

A governing body for recovery residences in the Palm Beach County area, the South County Recovery Residence Association (SCRRA) ensures the highest quality management of care. An advocate for all residents, the SCRRA works directly with the City of Delray to guarantee compliance with all local and city ordinances.



NCADD: National Council on Alcoholism & Drug Dependence

CERTIFIED PROVIDER

The National Council on Alcoholism and Drug Dependence serves as a comprehensive resource to addiction treatment practitioners. One of the leading advocacy organizations for addiction, NCADD recognizes RECO as a leader in the field.



Delray Beach Drug Task Force

MEMBER

A local non-profit organization focused on improving the lives of those suffering from addiction in the Delray area, the Delray Beach Drug Task Force works alongside RECO in its mission. A group of concerned community leaders, the DBDTF provides support for recovering individuals and their families.



Greater Delray Beach Chamber of Commerce

GOLD MEMBER OF THE CHAIRMAN'S CLUB

Recognizing professional excellence in the Greater Delray Beach area, the Chamber of Commerce has inducted RECO as a Gold Member of the Chairman's Club. Highlighting the best of the best amongst local businesses, the Chamber of Commerce identifies RECO as an outstanding representative of the community at-large.



Florida Alcohol & Drug Abuse Association

MEMBER

Recognizing and representing Florida's premier substance abuse treatment providers, the Florida Alcohol and Drug Abuse Association (FADAA) is a leading voice in the treatment industry. As a member of FADAA, RECO upholds a commitment to supporting those suffering from addiction in the state of Florida and beyond.





Our unique and purposeful groups serve as an integral part of the recovery model we practice at RECO.

With multiple group programs that evolve with the progression of treatment, we ensure that each client feels comfortable within the RECO community by allowing them to interact with their peers in a secure, collaborative environment. Curated by our staff of experts, our group programs guide clients in their recovery, with each individual therapy igniting its own form of inspiration and healing.

 **Cognitive Behavioral Therapy**

Cognitive Behavioral Therapy (CBT) is one of the most utilized forms of therapy when working with those who have substance abuse disorders. The central principle of CBT states that an individual's thoughts and feelings are interrelated and have a major influence on how an individual behaves. When an individual is able to learn how their thoughts influence their feelings and how their feelings dictate their behaviors, they are able to utilize CBT techniques to make changes. Participants in CBT groups will develop a collection of skills and techniques to learn and recognize distorted thought patterns, identify their own automatic negative thoughts, and, through practice, counter these thoughts with more positive, realistic thoughts to decrease self-destructive feelings and behaviors.

 **Dialectical Behavior Therapy**

Designed to access the intricacies of interpersonal relationships, Dialectical Behavior Therapy (DBT) teaches clients to create balance, to regulate emotion, and to practice tolerance in their recovery. The term "dialectical" refers to a synthesis or integration of opposites, or in this case, an overall transformation through the seemingly divergent processes of acceptance and change. This technique instills mindfulness in both therapists and clients, and aims to establish connections between past behaviors and future reactions. DBT offers the individual an opportunity to become fully aware of their own thoughts and behaviors, and the ways in which their behaviors have affected others. Focused on rebuilding positive foundations in behavior, DBT is a leading methodology in addiction treatment.

 **Rational Existential Therapy**

Rational Existential Therapy (RET) emphasizes the importance of existence. Particularly in substance use disorder treatment, RET methodology asks clients to answer the tough questions. As clients get to know themselves in a secure, yet deeply personal environment, therapists guide them in setting reasonable expectations for their recovery. An aftereffect of substance use, many clients form irrational perceptions of themselves and the world around them, often overcompensating for the negative behaviors of their pasts. In RET, we confront these distorted thoughts, aiming to teach clients that recovery is their own responsibility, and that they have the power to choose their own attitude throughout the healing process. Over time, clients align their perceptions of self with their reflections of self, and gain valuable insight into creating healthy boundaries and goals.

 **EMDR**

Eye Movement Desensitization and Reprocessing (EMDR) therapy is designed to treat those who suffer from the emotional aftereffects of traumatic memories. Aiming to guide clients toward a renewed space of awareness, EMDR alleviates distress while acknowledging and addressing the trauma that has caused mental, emotional, or physical harm. This therapy aims promote healing, and to create an environment in which clients can feel comfortable discussing their thoughts and feelings. Designed to treat victims of trauma, this technique allows clients to empower their own healing processes through careful guidance and facilitation. Disturbing experiences leave us with lingering wounds, and through the process of EMDR, we work to resume the recovery of neglected pain.

 **Trauma of Addiction**

Trauma is an emotional response to a terrible event. Most clients hear the word "trauma" and immediately detach themselves from the belief that they have ever experienced any form of trauma. They typically lack an understanding of trauma and the impactful associations it can create within our feelings, actions, and thoughts. Many people minimize the severity of their addiction and rationalize the experiences they encountered when struggling with substance use. In this group, clients learn the psycho-education behind the impact of addiction on the brain and begin to process with their peers how past experiences have shaped their inability to make lasting, healthier choices. Clients will explore events from their pasts and begin to identify new ways to cope with emotional responses to those experience..

 **Equine-Facilitated Psychotherapy**

The focus of this group includes both psycho-education and experiential clinical therapy interventions related to issues of relationship, intimacy, & trust through equine-facilitated psychotherapy. In the psycho-educational portion of the group, clients are given information on relationships and dysfunction in building relationships as they relate to issues of trauma and addiction. Clients will focus specifically on issues of secure/insecure attachment, the brain and relationships, as well as the nature of EFP as it relates to relationship issues in real-time. The EFP practice consists of grounding and relaxation practices and working to solve simple tasks with equine partners. In turn, the client learns how to address boundary issues, to calm assertiveness, and to combat stress and emphasize trust in relationships.



Behind the Barracks

Addiction is a war that one fights on a daily basis. In order to fight a war, one must be prepared and have some inclination of what to expect. Preparation for war occurs in a safe and secure environment: behind the barracks. In order to prevent relapse, the individual must understand their patterns of behavior and thinking so that they can predict, based on past situations, how the enemy—addiction—will attack. This preparation requires open-mindedness and a willingness to learn from others and their experiences. In its distinctive symbolic approach, this group explores the ways in which relapse can be prevented, focusing on long-term solutions for recovery.



Creative and Expressive Arts

Art Therapy has been a proven tool in helping addicts and clients that suffer from traumatic events. Through creativity, clients explore the barriers of trauma, utilizing the imaginative senses. Art and music give clients the opportunity to express and release their feelings and emotions by gifting them with color, lines, and chords. Expressive Arts are simply a guided, creative way to express the feelings and thoughts we carry with us into the treatment setting. In Creative and Expressive Arts, we utilize different mediums of self-expression to promote the mental and emotional well being of our clients, and to encourage them in experiencing creative release. Creativity is a phenomenon whereby something new and somehow valuable is formed, thus allowing clients to explore, process, and form new beliefs and ideas about who they are—giving them room to grow and heal.



Yin and Vinyasa Yoga

All clients practice yoga at least once a week. The purpose is to teach clients how to center themselves through breathing and stretching. RECO recognizes the need for individuals to learn how to regulate their bodies, especially during times of stress and anxiety. The mind and body are connected, and a client can learn how to control their cravings and urges by regulating their bodies. RECO recognizes that everyone may not be able to participate at a high level due to physical limitations; the yoga instructor will provide modifications based upon the client's individual needs.



Individual Therapy

Upon entering our program, each client will be assigned a Primary Therapist, whom they will meet with for a minimum of one session per week. Our highly experienced staff of Primary Therapists will work with you in a one-on-one, experiential environment, and will guide you throughout your progression in the program. Through utilizing different therapeutic techniques, your therapist will get to know your history and help you in creating a brighter pathway for the future. As your ally and confidante in recovery, your therapist will offer a safe, secure environment in which you can voice your thoughts, feelings, and fears. We institute an open door policy for all clients, and offer extra individual sessions based upon situational need.



Sexual Issues in Addiction and Recovery

Facilitated by renowned sex therapy specialist Richard Siegel, our Sexual Issues in Addiction and Recovery Group is uniquely designed to address relationship issues in recovery. In this forum, Richard works to establish healthier perceptions of relationships that have been adversely affected by addiction. Focusing on the biology and delicate nature of sexuality, this group aims to provide tools for healing while acknowledging and understanding the powerful impact that relationships have on our recovery.



Nutrition and Healthy Lifestyle

Led by our in-house dietitian and nutritionist, our Nutrition and Healthy Lifestyle Group meets weekly to discuss and examine the effects of diet on recovery. In order to thrive in sobriety, we must first establish a solid foundation in nutrition, nurturing the body as it heals. Our nutritionist designs meal plans and provides comprehensive diet analysis, working directly with clients to recreate healthy relationships with food—the source of our energy and physical strength. Working closely with our medical director, our nutritionist focuses on providing a comprehensive nutritional education to each client, ensuring a seamless transition toward a healthier diet and lifestyle.



Gender Group

Gender Group is designed to separate groups by gender, creating an open space where fear-inducing topics can be discussed. In mixed gender groups, a fear of embarrassment or possible ego can halt opportunities for growth. Typically individuals do not want to discuss certain topics in open meetings or with another person, and instead hold onto haunting thoughts. By allowing clients to relate to peers of the same gender, they in turn feel more comfortable discussing sensitive situations. In Gender Group, we put everything on the table. Anything that is affecting a client's recovery is up for discussion. We talk about it all: our insecurities, our thoughts, our ideas. But most importantly, we talk about our emotions, and the ways in which we can begin to heal.



RECO Professional

RECO Professional: providing guidance in pursuing purpose. From basic resume writing to career assessment, RECO Professional provides individuals with the skills necessary to pursue dreams and plan for the future. Whether the future means completing a GED, enrolling in college, or finding employment, RECO Professional serves as a trusted resource and guide. After conducting an initial assessment, the team will create a plan for each individual that is consistent with an individual's current situation, but also encourages and motivates the individual's purpose and career goals.



Family Systems and Support

Family system theory implies that an individual cannot be understood in isolation, but rather as a part of their family, with the family acting as an emotional unit. Addiction and recovery affects the entire family—not just the individual with substance abuse. Therefore, recognizing family patterns, history, and conflicts allows the clients to explore how it has affected them in life, in their active addiction, and in recovery. Clients will discuss different types of relationships, family roles, and attachments in order to further identify patterns in their family. In this open forum, clients acquire skills to cope with conflicts and to create and maintain healthy boundaries.



A Hero's Journey

RECO follows the individual's entire story, from birth to adulthood, and recognizes that in order for transformation to take place, one must first understand his/her own past. They must recognize that each crossroads in life contains valuable information for self-discovery and acceptance. Individuals who are able to make the connections between their past and present are better able to recognize patterns and understand the trajectory of their lives. In order to change a thought or behavior pattern, the individual must take time to realize how those patterns have affected their lives over time.





FEMALE RESIDENCE

The Hart



An open plan, modern getaway situated in a quiet residential community.

A tribute to the memory of Daniel Hart, this restful retreat offers women in recovery an environment in which they can truly heal. This artfully designed dwelling boasts modern yet comfortable furnishings, allowing clients to feel securely at home.

Among its many amenities, The Hart features a spacious backyard, screened-in back porch, an abundant sized loft, a computer workstation and a chef-inspired oversized kitchen. A luxurious sanctuary, its location is ideal, with dozens of shops and restaurants close by.



FEMALE RESIDENCE

3 Beds
2 Baths
3,450 SQ FT

LOCATION

Located in a quiet residential community off Linton Blvd., this home is close to Target, Fresh Market, HomeGoods, Ulta Beauty, Chipotle, and Starbucks.

TRANSPORTATION

This home has access to both RECO and public transportation and is also bicycle friendly.



FEMALE RESIDENCE

The Siebold



A thoughtfully designed oasis of tranquility, minutes from downtown.

Named for Harry Siebold, this single-family residence offers a lavishly comfortable atmosphere, just minutes from the fabled boulevards of Delray Beach. The Siebold house has been thoughtfully designed to accommodate the highest standards in transitional living.

The original RECO Intensive Residential Facility, The Siebold has evolved with the expansion of our tremendous program. Immaculately decorated and maintained, this open plan retreat boasts an incredible proximity to the heartbeat of Delray, with countless restaurants and stores nearby.



FEMALE RESIDENCE

4 Beds
3 Baths
3,300 SQ FT

LOCATION

Located off Linton Blvd., this home is in a prime location, this home is close to LA Fitness, Trader Joe's, Fresh Market, Publix, and TJ Maxx.

TRANSPORTATION

This home has access to both RECO and public transportation and is also bicycle friendly.



FEMALE RESIDENCE

The Van Epps



An idyllic home with a gorgeous swimming pool, just minutes away from downtown.

Memorializing Cole Van Epps, this peaceful getaway offers an immaculately maintained space in which female residents are able to live and recover comfortably. With a beautiful backyard swimming pool and open floor plan, this fantastic oasis exemplifies the amenities offered by a luxury recovery residence.

With a newly remodeled, chef-inspired kitchen and 30-foot ceilings, this deluxe living space offers maximum comfort and style. Situated in a quiet residential community, The Van Epps fosters an atmosphere of tranquility and transformation.



FEMALE RESIDENCE

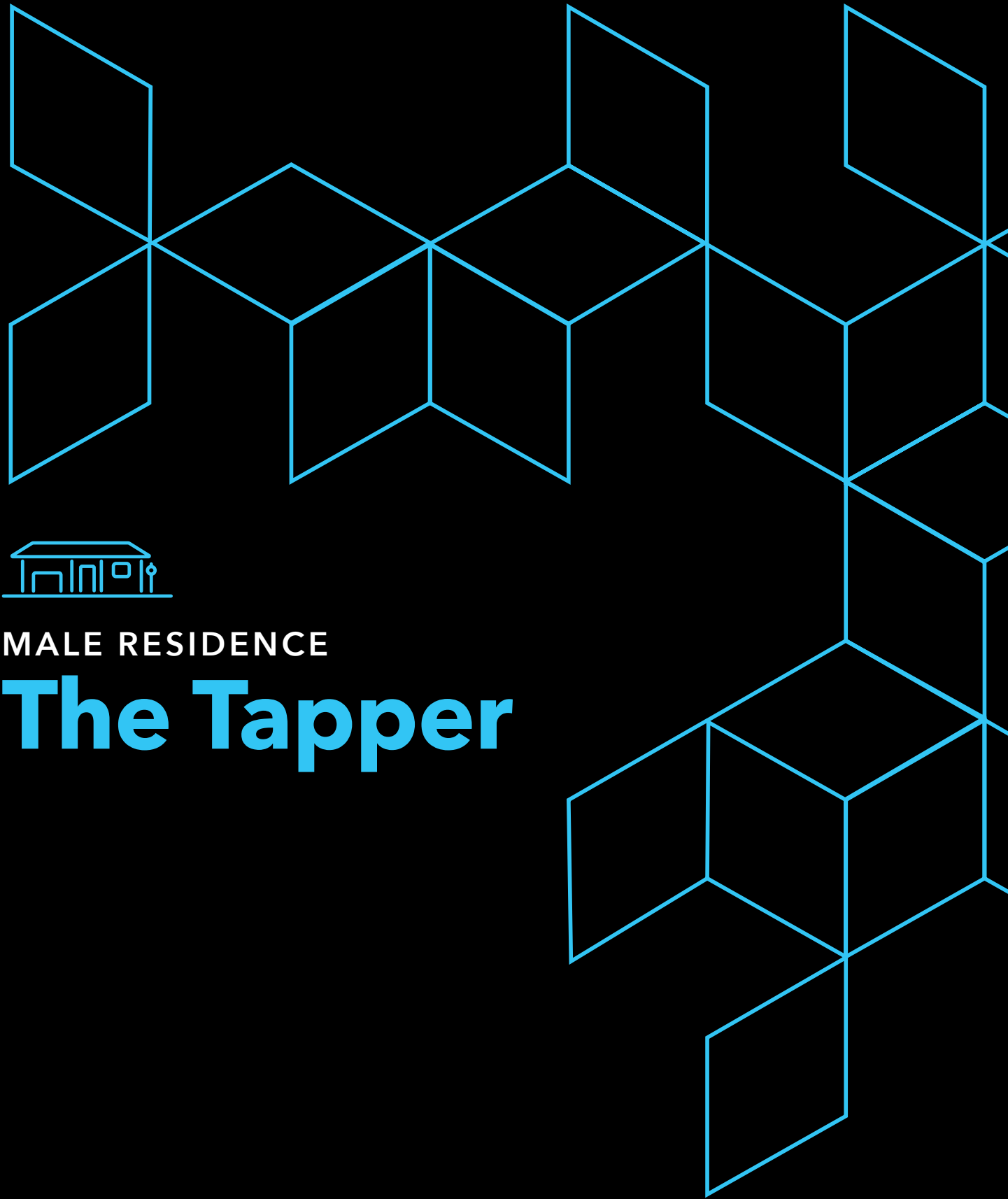
4 Beds
3 Baths
3,300 SQ FT

LOCATION

Located just minutes away from Historic Downtown Delray Beach, this home is close to Youfit, Sports Authority, Target, Home Depot, Starbucks, and Publix.

TRANSPORTATION

This home has access to both RECO and public transportation and is also bicycle friendly.



MALE RESIDENCE

The Tapper



A relaxing retreat with lush garden space and outdoor amenities.

Paying homage to David Tapper, this aptly decorated home provides a comfortable refuge for men recovering from addiction. Boasting a colossal backyard with private patios, The Tapper has plentiful outdoor space, allowing clients the opportunity to heal in nature.

With an optimal location adjacent to multiple shops and eateries, this handsome retreat features an outdoor fire pit and a game room, facilitating an atmosphere of community and fun. Equipped with state-of-the-art amenities and stylish decor, The Tapper serves as an idyllic oasis for its residents.



MALE RESIDENCE

4 Beds
3 Baths
4,110 SQ FT

LOCATION

Located off Atlantic Ave. with plenty of nearby shopping, this home is close to Planet Fitness, Walgreens, an IMAX movie theatre, a bowling alley, Wal-Mart, & Publix.

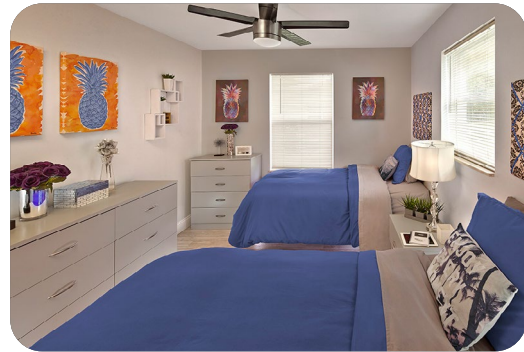
TRANSPORTATION

This home has access to both RECO and public transportation.



MALE RESIDENCE

The Parker



A cozy, cottage-style home within walking distance of beautiful beaches.

A tribute to Clint Parker, this charming abode is a scenic addition to RECO's group of properties. Offering a cozy, pleasant atmosphere, this newly renovated space has been designed with elegance and tranquility, an idyllic atmosphere for sobriety.

Equipped with a front patio and outdoor grill, The Parker invites residents to spend relaxing time outdoors, while also offering luxurious amenities inside the home. The incomparable sands of Delray Beach are within walking distance, in addition to countless local shops and bistros.



MALE RESIDENCE

3 Beds
2 Baths
2,800 SQ FT

LOCATION

Located minutes from downtown Delray, within walking distance of dozens of restaurants, shops and the beach. Close to Starbucks, Urban Outfitters, Juice Buzz, Kilwin's Ice Cream, and Orangetheory Fitness.

TRANSPORTATION

This home has access to both RECO and public transportation and is also bicycle friendly.



MALE RESIDENCE

The Row



A tight-knit community of healing nestled in the heart of Delray Beach.

The Carrano, The Parker, The Scheetz, The Kurciewski, and The McClure are the five RECO properties that make up The RECO Row. All of the properties have been completely remodeled to reflect the highest of RECO standards and include all new modern appliances, fresh landscaping, and open floor plans.

The properties, while individual, are connected by a long cobblestone pathway, a massive backyard with a volleyball court, and additional workspace for our behavioral health technicians.



MALE HOUSING

15 Beds
10 Baths
9,750 SQ FT

LOCATION

Located in a quiet neighborhood, the RECO row is around the corner from soccer fields, the Delray Athletic Park, and bustling Linton Blvd.

TRANSPORTATION

This home has access to both RECO and public transportation.

Welcome home, where healing begins.

Our luxurious Residential Housing Facilities have been thoughtfully designed to facilitate positive progress in recovery. At RECO, we provide safe, sober environments that are situated in the beautiful backyard of South Florida.



THE HART
Female Residence



THE SIEBOLD
Female Residence



THE VAN EPPS
Female Residence



THE TAPPER
Male Residence



THE PARKER
Male Residence



THE ROW
Male Housing

Amenities at every property:

- Single-family homes located in residential communities
- 24-hour on-site supervision
- 24-hour client care and support
- Large flat-screen TVs
- Wi-Fi and cable
- Transportation provided to aftercare, therapy appointments, grocery shopping, and RECO-sponsored functions
- Semi-private bedrooms
- On-site washers and dryers
- Chef-inspired kitchens equipped with all essential appliances and utensils
- Brand-new bed and bath linens for each client
- Full access to medical care, licensed therapists, and case managers
- Professional nutritional evaluations and planning
- Full access to money management resources



Clinical & Administrative Offices

Our pristine facilities exemplify our mission: we strive to promote success in recovery through the incredible environment in which we welcome and guide our clients. The moment you walk through our doors, you become a part of our family, our unwavering commitment to sobriety, and our unified trust in the process of transformation. The effectiveness of our program is enhanced by an atmosphere of clarity and tranquility, with each amenity serving as an architect of sensory wellness.



RECO Ranch

A fundamental aspect of our program, Equine-Facilitated Psychotherapy takes place bi-weekly on our own RECO Ranch in Delray Beach. A splendid outdoor space boasting over eight acres, the ranch allows clients to form meaningful connections with equines, under the careful guidance of our Equine Therapist. In this peaceful environment, we facilitate compassionate problem solving, and encourage all clients to deepen their relationships with both nature and themselves, utilizing their interactions with their equine partners as an important medium of healing.